



# Tunable Falls Community School

www.tunablefallsschool.nsw.edu.au

tunablefallschool@gmail.com (Ph) 0491 466 619

117 Upper Tuntable Falls Road Nimbin NSW 2480

**2 April, Term 1, Newsletter 5.** Next issue due 7 May 2024

Hello All,

Just a few more days until the holidays, not sure what happened to March, it was here and gone in the blink of an eye! This Friday the 5th of April is our last day of Term 1, and school resumes Monday 29th April.

Our **Term 2 Whole School Camp to Flat Rock** is coming up 15-17 May, notes went home recently, **please return them ASAP**. This was a very fun camp last year, with some great opportunities for beach combing, rockpool hopping and bike riding. It's always lovely to have time to connect with other parents and our teachers too.



The **School's AGM** is coming up on the **Thursday, 9 May, 3pm**. This is a great time to come along and see what the committee is all about. As a parent-run school we rely on the energy and organisational skills of our parent body to make everything happen - it's a great way to contribute to our school community. Chat to an existing committee member before the AGM if you are keen to learn more about what this entails.

Don't forget the **Spooky Disco** is this **Friday night, from 5-9pm** at the Tuntable Hall. Probably best for kids Year 2 and up due to the Spooky theme. It has been advertised to all the local primary schools so hopefully we'll see lots of kids on the dancefloor. As it's a fundraiser for the Year 6 Rites of

## School Calendar:

- **Term 1 Ends**  
Fri, 5 April
- **Term 2 Begins**  
Mon, 29 April

## School Bell:

- School starts: 9:05
- Recess: 11:00-11:30  
*Thu: 10:30-11:00*
  - Lunch: 13:00-13:45  
*Thu: 12:30-1:15*
  - School ends: 14:45
  - **After school supervision ends 3:15pm (undercover area)**

## Committee Meetings:

Thu, 4 April, 3:15pm  
Thu, 2 May, 3:15pm  
(At school, subject to change)

## Spooky Disco: Fri, 5 April

5-9pm, Tuntable Hall.  
Donations of baked goods please.

## Term 2 Family Workday

Sat, 27 April, 9am-12pm

## **Closed Shoes**

All children need closed shoes on **Wednesdays** for Garden & Kitchen time.

## **Drink Bottles:**

All children are to bring their own drink bottles.

***Especially important on Thursdays for CIRCUS.***

Passage trip at the end of the year, the Year 6 group are asking for **donations of baked goods, both savoury and sweet**, for the refreshments stall. They also need some parent helpers to help with setup, supervision during the event, and clean-up on Friday night or Saturday morning. Contact Samara (0429 806 288) or Blossom (0497 800 148) with your availability.

For any new parents, the **Year 6 Rites of Passage** trip is a beautiful tradition where the graduating children go on a big end of year celebratory trip to a destination of their choosing. The kids are responsible for raising all the necessary funds and arranging the transport, accommodation, and activities. Previous trips have included everything from day trips to Dreamworld, to holidays in Sydney. As the first of their fundraising efforts this is a great opportunity to support our graduating class of 2024.

The **Autumn Arts Fair** in the Nimbin School of Arts (Town Hall) launched this weekend. Our school has put together a gorgeous exhibition. Make sure you pop in over the next few weeks to see our children's contributions along with those of many other local artists. We are rich in visual arts in this area, this exhibition is always a treat.

Finally, Save the date for **Term 2 Family Workday** - it's on **Saturday 27th April, 9am-12pm**, in the last weekend of school holidays this term because of Mardi Grass the following weekend.

Have a great short week, and, if I don't see you at the Spooky Disco on Friday, enjoy your holidays!  
Elowyn x



## Birthdays

We would like to congratulate the following students on their birthdays.  
Happy birthday precious possums!



## Understory

A magical outdoor theatre show for kids in  
Lismore Rainforest Botanic Gardens.

16-28 April, 2024 (April School Holidays)  
Lismore Rainforest Botanic Gardens  
[www.understory.roundabout.net.au](http://www.understory.roundabout.net.au)



Have you heard fungi talk? Have you felt the forest hum?

*Understory* is a magical, interactive theatre adventure created for children by Roundabout Theatre, springing to life in the Lismore Rainforest Botanic Gardens this April school holidays from 16-28 April 2024.

Part theatre, part quest and part wacky science field trip, *Understory* is made to inspire children aged 7-11 years with a deep curiosity, wonder and connection to the natural world. The entire Hoop Pine Forest at Lismore Rainforest Botanic Gardens will become an enchanting theatrical world brought to life by an original story that is both fantastical and based in science and ecology principles.



Spread the word and bring your friends! ☺

This is a **Fundraiser for the Year 6 Rites of Passage**. The kids are calling for **donations of baked goods, both savoury and sweet, to sell on the night**. Please supply an ingredients list and drop them to school during the day on Friday, 5 April.

# Communication:

## Calendar of Events:


### On the school's website:

All events and excursions are added to the calendar of events, available from our website

<https://www.tunablefallsschool.nsw.edu.au/calendar-of-events>

### Integrating the school calendar with your existing digital calendar:

Access the Google Calendar to get timely notifications of events and excursions.

<https://calendar.google.com/calendar/embed?src=tuntableschool%40gmail.com&ctz=Australia%2FSydney> In the bottom righthand corner, click to add 

Use this link to access the calendar from applications other than Google Calendar.

<https://calendar.google.com/calendar/ical/tuntableschool%40gmail.com/public/basic.ics>

## Absentees:

- It is important to **call the Office by 9:30am** if your child is unable to attend school for any reason.
- If children arrive after 9:05am, or are picked up before 2:45pm, parents/carers need to sign the **Late Arrival/Early Pick-Up Register** in the office.
- Please provide a **Doctor's Medical Certificate** to the Office if your child is absent due to illness for five **consecutive days** or more.
- If you are **planning time away from school** during the term, please complete an *Application for Exemption from School* form at the Office.

## Committee:

The committee feels strongly about open communication at the school. Please keep our contact details handy and don't hesitate to contact whomever you feel comfortable with.

Committee Member	Position	Phone Number	Email
<b>Zachary Rook</b> Contact regarding liaising with teachers.	President	0401 243 515	zacharyrook@gmail.com
<b>Adjana Flow</b> (Kristoff Brunet de Courssou) Contact regarding fees, and social media.	Treasurer	0481 090 348	adjana.tfcs@gmail.com
<b>Cameron Blair</b> Contact regarding liaising with teachers and complaints/compliments.	Secretary	0466 981 733	cameronblair@live.com
<b>Hannah Gash</b> Contact regarding liaising with teachers and complaints/compliments.	Member	0472 615 023	hannahpearl@hotmail.com



## Farewell to our beloved Cath.

Friends of Cath,

Today is all about someone truly exceptional—Cath.

For 11 years, Cath has been the heartbeat of this school, tirelessly dedicating herself to nurturing the minds and spirits of students from the past decade, whose lives have been forever touched by her presence.

Cath's impact extends far beyond the classroom. She has woven herself into the very fabric of our school's social tapestry, bringing laughter, music, and joy wherever she goes. Who else but Cath could bring such drama and energy to the start of each week, or fill our office with spontaneous bursts of song that linger in our minds long after the day is done?

But Cath's influence reaches beyond our school gates. As a beloved member of the Nimbin community, she embodies the spirit of our town—vibrant, welcoming, and full of life. Whether she's gracing the pages of the Nimbin Good Times or gracing the stage as a local thespian, Cath has become synonymous with all that makes Nimbin unique.

As Cath embarks on this new chapter of her life, we feel a mixture of gratitude for the memories shared and sadness for the void her absence will leave. While we know this is not goodbye forever, we recognize that her departure marks the end of an era for our school community.

Cath, your legacy will endure in the hearts of all those whose lives you've touched. Thank you for your unwavering dedication, your infectious spirit, and your boundless compassion. Though you may be leaving our school, your presence will remain etched in our memories forever.



Here's to you, Cath, as you embark on this next adventure. May it be filled with laughter, love, and endless joy. We will miss you dearly, but we look forward to the day when our paths cross again. Congratulations on your retirement and thank you for everything.

Joe  
(on behalf of all the staff and the committee)



# Learning and Support News

Dear families,

The Learning Support team have had a wonderful first term working with the children. As well as supporting academic needs, we also support social and emotional needs across the school.

You may have heard your child talking about the **Zones of Regulation**, which is a simple approach to developing self-regulation. The Zones of Regulation are an easy way to think and talk about how we feel on the inside and sorts emotions into four coloured Zones, all of which can be expected in life.

I invite you to talk to your child about some simple strategies that they might use when they are in each of the zones (see the graphic).

Have a lovely holiday break, Kate.

## Zones of Regulation

Zones	When I feel...	I can try...
<u>Blue zone</u>		<ul style="list-style-type: none"><li>• Sad</li><li>• Sick</li><li>• Tired</li><li>• Bored</li><li>• Moving slowly</li></ul>
<u>Green zone</u>		<ul style="list-style-type: none"><li>• Happy</li><li>• Calm</li><li>• Okay</li><li>• Focused</li><li>• Relaxed</li></ul>
<u>Yellow zone</u>		<ul style="list-style-type: none"><li>• Frustrated</li><li>• Worried</li><li>• Silly</li><li>• Wiggly</li><li>• Excited</li><li>• Loss of some control</li></ul>
<u>Red zone</u>		<ul style="list-style-type: none"><li>• Mad</li><li>• Angry</li><li>• Terrified</li><li>• Elated</li><li>• Ecstatic</li><li>• Out of control</li></ul>



## Buribi (Kindy)

As we wrap up the first term for kindy 2024, I want to use this opportunity to commend this year's Buribi parents and grandparents on their contributions to their children's transition to school.

As a parent-run school we highly encourage parents to support their children's journey through primary school. It has been a pillar of our school since its inception over 40 years ago and it has a plethora of benefits for your child. This term we have seen the benefits of those connections in the form of parent or grandparent assistance in our school in a wide range of ways.

Eleusis grandmother, Meg, joins us weekly for music lessons. The children adore this time and are gaining amazing musical skills.

Amy-Kate and Sharnamay support our reading program each week, allowing the children time to sit 1-1 with a caring adult in a quiet space while they explore their sounds knowledge through books.

Billi and Dorje assist in the kitchen at our school events and Billi works as our wellbeing officer each Thursday.

Zach, Hannah, and Cameron are on our school management committee, assisting Joe, our teacher coordinator, with leadership tasks.

René works in our school office; essentially holding the school together as well as fixing all boo-boo's that happen at school.

Mabel, Marcus, and Anna have beautified our school gardens to uphold our garden to plate ethos.

Pip and Anna helped with cooking and setting up for our delicious family dinner, while Alex has been putting his whipper snipping skills to good use around the school grounds.

All these jobs, plus more, can be used as your 'parent roster day contribution' and can essentially work off nearly half of your school fees. It's a generous model, designed to motivate parents to come in and have some fun with us. These are just some of the small and big ways that parents contribute to our school and if you want to get onboard with any of these let me know.

In the coming term we will be embarking on making costumes and props for our school play 'The Lorax.' If you have any sewing or costume making skills, please let me know. This could be a something done at home in your own time for roster day contributions.

Also, Term 2 parent workday (Sat, 27 April, 9am-12pm) we aim to lay the turf, wood chip our garden and put the finishing touches on our Buribi outdoor space. It will be so wonderful to be able to use this space for our morning investigations as we seek morning sun during the colder months of Term 2.

Thank you to every one of our parents for your ongoing support and kindness. You are all so wonderful and I feel so lucky to have such a wonderful group of supportive parents this year.

Have a happy and safe holiday.

Ginger



*Buribi tea party*



## Gooarng (Yrs. 1&2)

Hi Families,  
It's the end of Term 1!

The kids have settled into the year well. We have been focusing on our respect in class – particularly listening with our whole body and doing the 5L's (hands in *Laps*, *Lips* closed, *Looking*, *Listening*, and breathing into our *Lungs*). The kids are doing well with this and displaying greater confidence in sharing their feelings and opinions in class. Alongside respect we have been learning about our learning mindset – meaning we are calm, curious, positive, ask for help, be on task, and do your best. These are good points for you to be aware of and it would be good to incorporate these check ins with your kids at home.



Going into our 3 week holiday I'd like to remind you all that it is greatly beneficial for your child's learning to continue reading regularly and playing some word and number games. Have fun with it and remain curious.



Have a wonderful holiday  
Up we grow,  
Ishta





## Yuruugin (Yrs. 3&4)

Hello All,

Week 10. Time flies. Thanks to all the kids for all the effort in finalising their artwork for the Autumn Art Show! Get down to the Town Hall and see all their spectacular and colourful expressions. Thanks Nicole and Bonnie for hanging the artworks up.



This week, we will use the time to go over common and proper nouns. We will also get some time for free writing, which could be used towards writing about the lilly pilli as a food source, as we put our final persuasive thinking caps on for the term. A few of us are making a small poster, others may prefer to design a simple package. We will continue our individualised routes for spelling, and we will be getting our toes wet before the end of term with homework, as word breakdowns of previously 'errored' words will be sent home for students to put into sentences. Three sentences a day is optimal. Toes wet.

Normally in Maths, the final period of the term is spent on revision, but we will be catching up on number patterns, when they relate to multiplication, division, addition and subtraction. Last week we stretched out multiplication practice.

I will mention that Monique, who was on class for two days last week, was quite complementary of our Yuruugin bunch's ability to put in effort. Her feedback on their overall demeanour was pleasing to hear. Have a safe and fun break in whatever form it comes and look forward to a fantastic Term 2!

Ruben.



# Guruman (Yrs. 5&6)

It's been so much fun this term creating and preparing Guruman's contribution for the **Autumn Art Fair**. We started with an exploration of portraiture through the periods of Art history, analysing how these various approaches changed the way a portrait could be represented. On the Brisbane excursion, we experimented with Grotesque Art inspired by the work of Natalya Hughes, "Castles of Tarragindi." Some of the portraits were very bizarre, with screen/camera tech that swapped facial features with friends.

In the classroom, we have worked on the proportional placement of sketched facial features, putting this into practice through creating portraits of each other and then creating self-portraits. We have worked with painting with ink, sketching and transforming the images to ink monoprint with natural shapes incorporated with portraits. **The results are proudly on display at the Art Fair.**

This week, we have the last of the **Friday sessions with Mitch, Karenza and Tess**, focused on drama skills, movement games, video and camera techniques, and cinematographic production. We will be aiming to have a short video ready soon for your viewing pleasure. It's been a busy term but lots of fun and lots of learning in typical Guruman Leaps and Bounds.

Joe





## SEE/STEM with Emmy and Akash

Akash has been busy with **Harmony Day** and **Garden Day**. Lots of cooking, lots of eating, lots of learning and lots of fun!



**Guruman** have been enjoying coding with Scratch, being confuzzled by Turing Tumble, discussing cyber safety and digital well-being and toodling off for an enjoyable walk to the North End.

**Yuruugin** have been writing letters to politicians and industry bodies campaigning for changes to address plastic pollution.

**Gooang** have been experimenting with the amazing sticking power of xanthorrhoea resin as we explore the marvels of indigenous knowledge and technology.

**Buribi** have dodged the rain and potted in the garden – getting very excited as their seedlings emerge and they learn to differentiate different plants.

Planning is well underway for loads of **fun learning in Term 2**.

If you have any of the following at home that you are happy to **donate** to the school, please bring them in as soon as possible.

### **FOR TERM 2 WE NEED:**

- shoe boxes with lids
- small pots of coloured water based house paint
- balsa wood
- thin plywood
- large pieces of flat stiff cardboard (think fridge box size)
- thick chunks of polystyrene (evil stuff but amazing for science)
- cardboard tubes, the longer the better
- wristguards, knee and elbow pads
- terracotta pots of any size